



**GOVERNMENT OF TELANGANA**

**OFFICE OF THE DISTRICT MEDICAL AND HEALTH OFFICER**

**NIRMAL MEDIA BULLETIN-COVID-19**

**Dated:08-09-2020**

**As of:07-09-2020(8PM)**

**STATUS OF COVID-19 CASES**

S.No	DETAILS	NUMBER
1.	NO. OF SAMPLES TODAY(CUMULATIVE)	866(15700)
2.	NO. OF POSITIVES TODAY(CUMULATIVE)	34(923)

**TESTING FACILITIES**

TYPE	GOVERNMENT	PRIVATE
RT-PCR/CBNAAT/TRUENAT	0	0
RAPID ANTIGEN TESTING CENTERS	25	-

**POSITIVE CASES REPORTED IN LAST 7 DAYS**

S.No	DISTRICT	07-09	06-09	05-09	04-09	03-09	02-09	01-09
1	NIRMAL	34	14	19	31	44	16	31

**BED STATUS GOVERNMENT HOSPITALS - 07-09-2020**

S.No	DISTRICT	NAME OF THE HOSPITAL	REGULAR BEDS			OXYGEN BEDS			ICU BEDS (Ventilator/CPAP)			TOTAL BEDS		
			TOTAL	OCCUPIED	VACANT	TOTAL	OCCUPIED	VACANT	TOTAL	OCCUPIED	VACANT	TOTAL	OCCUPIED	VACANT
1	NIRMAL	DH, NIRMAL	43	7	36	55	10	45	12	0	12	110	17	93
<b>TOTAL</b>			<b>43</b>	<b>7</b>	<b>36</b>	<b>55</b>	<b>10</b>	<b>45</b>	<b>12</b>	<b>0</b>	<b>12</b>	<b>110</b>	<b>17</b>	<b>93</b>

**BED STATUS PRIVATE HOSPITALS - 07-09-2020**

S.No	DISTRICT	NAME OF THE HOSPITAL	REGULAR BEDS			OXYGEN BEDS			ICU BEDS (Ventilator/CPAP)			TOTAL BEDS		
			TOTAL	OCCUPIED	VACANT	TOTAL	OCCUPIED	VACANT	TOTAL	OCCUPIED	VACANT	TOTAL	OCCUPIED	VACANT
1	NIRMAL	TEJA HOSPITAL NIRMAL	10	0	10	12	0	12	0	0	0	22	0	22
2	NIRMAL	<b>TOTAL</b>	<b>10</b>	<b>0</b>	<b>10</b>	<b>12</b>	<b>0</b>	<b>12</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>22</b>	<b>0</b>	<b>22</b>

## INFORMATION AND APPEAL TO THE PUBLIC

**INFORMATION:** Patients with moderate to severe symptoms, with COVID positive report or not tested should go to any notified Government COVID Hospital where the Government has made elaborate arrangements for testing and treatment. It is informed that the Government has made elaborate arrangements for treating COVID-19 patients. Sufficient beds are available in Government hospitals. Based on the clinical requirements, beds will be provided and treatment will be given free of cost in Government hospitals. Sufficient quantities of personal protection equipment (PPE) and medicines are available in hospitals.

**APPEAL: THERE IS NO NEED FOR THE PUBLIC TO PANIC. PLEASE REPORT TO THE HOSPITAL EARLY WHEN SYMPTOMS DEVELOP AS EARLY TREATMENT PREVENTS COMPLICATIONS.**

**CALL CENTER NUMBER FOR HELP LINE, TELEMEDICINE AND GRIEVANCES: 104 ALTERNATIVELY, FOR GRIEVANCES PERTAINING TO PRIVATE HOSPITALS/ LABORATORIES, KINDLY CONTACT ON WHATSAPP: 9154170960**

**The guidelines stated below are to be strictly followed:**

**Vulnerable Age Groups:** Children less than 10yrs of age and elders above 60yrs of age are advised to avoid going outdoors unless mandatory. They are advised to stay indoors.

**Susceptible Age Group:** There is high incidence of COVID disease in the age group of 20 to 50 years, hence people are requested not to go out, unless absolutely necessary like going for work/essential shopping. When they go out, they should strictly observe precautions like use of face mask and social distancing.

**Use of Face Masks:** Everybody should wear mask when he/she goes out of the house. Face masks are the first line of defence against Covid-19. Not wearing a mask is punishable by fine.

**Physical Distancing:** Maintaining a distance of more than 6ft between people is essential. The citizens who go out for purchasing groceries and other essentials are advised to maintain a safe physical distance.

**Workspace:** The work spaces are to be provided with soap and hand washing facility / sanitizer. Adequate physical distancing between employees should be maintained.

**Travel:** The citizens are requested to avoid unnecessary travel. In case it is unavoidable, they shall ensure all safety measures- use of face masks, frequent hand wash, use of sanitizer, safe physical distance etc.

**Seek Medical care:** In case of any Flu/ Influenza like symptoms such as fever, cough, sore throat, running nose, difficulty in breathing, body pains and headache, please report to the nearest government health facility and seek the required health services without any delay.

**Co-Morbid conditions:** People with Co-morbid conditions like Hypertension, Diabetes, Cardiac illness, Chronic kidney disease, Chronic obstructive pulmonary disease, Cancer and / or any other chronic illness are requested to stay indoors and avoid any kind of travel except for medical care in order to avoid exposure to COVID.

**Sd/-  
DISTRICT MEDICAL AND HEALTH OFFICER  
NIRMAL**